## OCCUPATIONAL THERAPY (OTD)

https://chhs.unh.edu/occupational-therapy/program/otd/occupational-therapy

#### Description

An entry level doctoral degree in occupational therapy will prepare you for a career supporting people in the daily activities that are important to them from dressing, to cooking, to work or school, to leisure and hobbies. UNH will prepare you to enter a fast-growing field to work with people of all ages in a range of settings by developing strong foundational skills in occupational therapy assessment and intervention, advanced training in clinical skills, leadership and advocacy, clinical research, and program development. Our program emphasizes the understanding that engagement in valued activities fulfills social needs, gives meaning to life, and is essential to the development, adaptation, and well-being of individuals and populations. You will learn to evaluate, plan and provide intervention, and monitor the outcomes of clients facing a variety of illnesses, injuries, and disabilities such as autism, traumatic brain injury, stroke, substance abuse and musculoskeletal injuries. At UNH, you will learn and apply occupational therapy principles to traditional and emerging areas of practice, in hospital and community-based settings and for individual clients and population groups. Graduates gain valuable skills to become leaders in their field, advance in their careers, and position themselves as agents of change to influence policy and practice.

When entering the OTD Program you will complete 3 years (9 semesters) of professional courses to prepare you for all areas of occupational therapy practice. Coursework begins in the summer session and continues throughout 3 calendar years, including one January term for a one-week full-time level I fieldwork experience. Courses are primarily in-person, particularly during the academic year, with some distance learning activities. Courses are scheduled during weekdays during the day and into early evening. Some courses include experiential, off-campus learning. The curriculum includes two 12-week fieldwork experiences, totaling 24 weeks of full-time fieldwork. You may also choose to complete a graduate certificate in assistive technology or elective to focus your education. As an OTD student, you will conclude your education with a 14-week doctoral capstone where you apply and expand your knowledge to take on a leadership role to develop a new program addressing specific client needs, conduct research, promote policy changes, or provide education.

After completing your degree, including fieldwork and the doctoral capstone, you will be eligible to sit for the National Board for Certification in Occupational Therapy examination to become a registered occupational therapist (OTR). In addition, all states require licensure in order to practice; however, state licenses are usually based on the results of the NBCOT Certification Examination. Consistent with NBCOT expectations, students must sit for the certification examination within three years of degree completion. Note that a felony conviction may affect your ability to sit for the NBCOT certification examination or attain state licensure.

#### **OTD Program Accreditation Status**

The entry-level occupational therapy doctoral degree program has been granted Candidacy Status by the Accreditation Council for Occupational

Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 6116 Executive Boulevard, Suite 200, North Bethesda, MD 20852-4929, (301) 652-AOTA. The program must have a preaccreditation review, complete an on-site evaluation, and be granted Accreditation Status before its graduates will be eligible to sit for the national certification examination for the occupational therapist administered by the National Board for Certification in Occupational Therapy (NBCOT). The UNH Program is scheduled for on-site evaluation in the fall of 2025, prior to a May 2026 graduation for the first graduating cohort.

#### **Academic Standards and Policies**

In order to be awarded an OTD in Occupational Therapy from UNH, students must maintain an overall GPA of 3.0 and earn a minimum of B- in all required occupational therapy courses, and may not earn more than 8 credits of B- in OT courses (700 level or above). Students must pass all competency (practical) exams as part of OT courses, pass all level I fieldwork requirements and receive a passing criterion score on the American Occupational Therapy Association Fieldwork Performance Evaluation for the Occupational Therapist in both 12-week Level II fieldwork experiences and successfully complete a Capstone Experience.

In addition to the academic standards above, students must meet professional behavior standards, which are explained in detail in the *OT Department Policy and Procedure Manual*, provided to all occupational therapy students during their first semester

Because curriculum review and revision are undertaken annually, occupational therapy faculty work closely with students during academic advising sessions and share information about any policy and requirement changes during registration periods as well as throughout the academic year. Students are expected to take an active role in verifying expectations and requirements and should check with their departmental advisers each September for updated policies and requirements. Program requirements and policies for retention in the major are posted annually in the OT Department Policy and Procedure Manual, which is available on the OT department's organization site on the Learning Management Platform, MyCourses.

Students participate in a variety of off-campus and fieldwork experiences throughout the course of study and are covered with basic personal liability insurance through UNH for all practical components of the curriculum. Students are responsible for transportation to fieldwork sites and other off-campus learning experiences. Students are responsible for meeting the health and criminal record/background clearances established by their fieldwork sites and off-campus learning sites including capstone sites. Proof of immunization such as poliomyelitis, rubella, H1N1, and hepatitis B may also be required. For Level II fieldwork, health insurance and a physical examination, including a tuberculin test, are required. All fieldwork experiences are scheduled in centers approved by the Department of Occupational Therapy and with whom active Memoranda of Understanding with UNH exist. Fieldwork is planned collaboratively with the Academic Fieldwork Coordinator and capstone is planned with guidance from the Capstone Coordinator.

#### Requirements

#### **Degree Requirements**

In order to be awarded an OTD in Occupational Therapy from UNH, students must maintain an overall GPA of 3.0 and earn a minimum of B- in all required occupational therapy courses and may not earn more

than 8 credits of B- or lower in OT courses (700 level or above). Students must pass all competency (practical) exams as part of OT courses, pass all level I fieldwork requirements and receive a passing criterion score on the American Occupational Therapy Association Fieldwork Performance Evaluation for the Occupational Therapist in both 12-week Level II fieldwork experiences.

Code	Title	Credits	
Required Courses			
OT 810	OT Practice and Professional Roles	3	
OT 830	Assistive Technology for Enhancing Occupational Performance	4	
& 830L	and Assistive Technology for Enhancing Occupational Performance Lab		
OT 841	Human Occupation	3	
OT 844	Fieldwork and Professionalism - Level 1	1	
OT 845	Administration and Management for Occupational Therapy Practice	3	
OT 846	Fieldwork and Professionalism-Level II	1	
OT 850	Neuro-Occupation: The Relationship Between Occupation and the Brain	3	
OT 851	Mind Body Systems/Neurologically-based Function and Dysfunction	3	
OT 852	Human Movement and Environmental Effects on Everyday Occupations	4	
& 852L	and Human Movement and Environmental Effects on Everyday Occupations Lab		
OT 854	Level II Fieldwork, I	8	
OT 855	Level II Fieldwork Discussion	1	
OT 856	Level II Fieldwork, II	8	
OT 860	Psychosocial Evaluation and Intervention	4	
& 860L	and Psychosocial Evaluation and Intervention Lab		
& 860R	and Psychosocial Evaluation & Intervention Recitation		
OT 862	OT Evaluation and Intervention for Children	4	
& 862L	and OT Evaluation and Intervention for Children - Lab		
& 862R	and OT Evaluation and Intervention for Children Recitation		
OT 863 & 863I	Occupational Therapy Intervention for Adults	4	
& 863L & 863R	and Occupational Therapy Evaluation and Intervention for Adults - Lab and Adult Evaluation and Intervention Recitation		
OT 871	Enabling Participation in Community Groups	4	
& 871I	and Enabling Participation in Community Groups Lab	4	
OT 881	Introduction to Besearch and Evidence-Based Practice	3	
OT 882	Research Methods and Application	3	
OT 892	Level   Fieldwork	1	
OT 964	Age Well: Occupational Therapy with Older Adults	3	
OT 998	Recent Advances in Neurological Evaluation and Intervention	3	
OT 983	Engagement in Research	3	
OT 965	Occupational Therapy Practice and Professional Reasoning	3	
OT 975	Leadership in OT Systems of Practice	3	
OT 901	Introduction to Capstone	2	
OT 902	Capstone Preparation	3	
OT 903	Capstone: Project Implementation, Evaluation and Dissemination	12	
Elective or Graduate Certificate Course			

#### Degree Plan

#### Occupational Therapy (OTD)

#### First Year

Summer		Credits
OT 841	Human Occupation	3
	Credits	3
Fall		
OT 851	Mind Body Systems/Neurologically-based Function and Dysfunction	3
OT 810	OT Practice and Professional Roles	3
OT 852 & 852L	Human Movement and Environmental Effects on Everyday Occupations and Human Movement and Environmental Effects on Everyday Occupations Lab	4
OT 881	Introduction to Research and Evidence- Based Practice	3

OT 844	Fieldwork and Professionalism - Level 1	1
	Credits	14
January Term		
OT 892	Level I Fieldwork	1
	Credits	1
Spring		
OT 863	Occupational Therapy Intervention for	4
& 863L	Adults	
& 863R	and Occupational Therapy Evaluation and Intervention for Adults - Lab	
	and Adult Evaluation and Intervention	
	Recitation	
OT 882	Research Methods and Application	3
OT 862	OT Evaluation and Intervention for Children	4
& 862L	and OT Evaluation and Intervention for	
& 862R	Children - Lab and OT Evaluation and Intervention for	
	Children Recitation	
OT 850	Neuro-Occupation: The Relationship	3
	Between Occupation and the Brain	
	Credits	14
Second Year		
Summer		
OT 964	Age Well: Occupational Therapy with Older Adults	3
OT 998	Recent Advances in Neurological	3
	Evaluation and Intervention (Optional	
07.045	Elective or Grad Cert course)	•
OT 845	Administration and Management for Occupational Therapy Practice	3
	Credits	9
Fall		
OT 860	Psychosocial Evaluation and Intervention	4
& 860L & 860R	and Psychosocial Evaluation and Intervention Lab	
u 00011	and Psychosocial Evaluation &	
	Intervention Recitation	
OT 830	Assistive Technology for Enhancing	3
	Occupational Performance	
OT 830L	Assistive Technology for Enhancing	1
OT 893	Occupational Performance Lab Special Topics (or graduate elective)	3
OT 893	Enabling Participation in Community	4
& 871L	Groups	-
	and Enabling Participation in Community	
	Groups Lab	
OT 846	Fieldwork and Professionalism-Level II	1
	Credits	16
Spring		
OT 854	Level II Fieldwork, I	8
OT 855	Level II Fieldwork Discussion	1
OT 856	Level II Fieldwork, II	8
	Credits	17

Third Year		
Summer		
OT 901	Introduction to Capstone	2
	Credits	2
Fall		
OT 965	Occupational Therapy Practice and Professional Reasoning	3
OT 975	Leadership in OT Systems of Practice	3
OT 902	Capstone Preparation	3
OT 983	Engagement in Research	3
	Credits	12
Spring		
OT 903	Capstone: Project Implementation, Evaluation and Dissemination	12
	Credits	12
	Total Credits	100

#### **Student Learning Outcomes**

# Program Learning Outcomes Occupational Therapy OTD Entry-level Program Student Outcomes at the completion of the professional entry-level OTD Program, our graduates will:

- Demonstrate commitment and ability to use meaningful occupation for promoting health and well-being. Our curriculum emphasizes the idea that engagement in everyday occupations will lead to fulfillment of life roles and the promotion of health and well-being of individuals, communities, and populations. Our graduates are ready and dedicated to apply occupation-based evaluation and intervention techniques, and to share and expand authentic occupational therapy practice.
- Demonstrate professional attitudes and behaviors in their interactions with clients and others. Our graduates will be dedicated to ethical, client-driven practice demonstrating cultural sensitivity, integrity, honesty, compassion, and fairness. They will demonstrate respect for all persons with whom they work, appreciating and considering individual identities, priorities, abilities, and life experiences. They will be able to collaborate in intraprofessional and interdisciplinary teams within various settings, understanding the roles and expertise of other occupational therapists and other professionals.
- Demonstrate entry-level competencies as OT practitioners across diverse practice settings, skilled in the delivery evidence-based, occupation—centered evaluation and intervention techniques. Our graduates develop critical thinking skills and the capacity for creative clinical reasoning for providing client-centered, occupation-centered services. Graduates will apply a variety of evaluation methods for understanding a person's occupational history, abilities, challenges and goals. They will apply occupation-centered intervention approaches and innovative technologies to address the needs of individuals and populations in traditional and emerging medical, educational, and other community-based practice settings.
- Demonstrate skills for translating research-to-practice and generating new knowledge grounded in occupational therapy practice. Our

- graduates will be skilled in identifying, critiquing, and synthesizing relevant research for delivering evidence-based services. Graduates will demonstrate capacity to translate research evidence to influence practice. They will have skills for contributing to the body of knowledge that supports and advances the profession.
- Demonstrate skills to become leaders and innovators as practitioners, researchers, advocates, educators, administrators, policy-makers, and entrepreneurs. Our graduates will apply leadership knowledge and skills, ethical reasoning, knowledge of policy and systems to be agents of change in diverse settings. Our graduates will be life-long learners and innovative thinkers committed to ongoing professional development. Our graduates will support and promote occupational justice for individuals, communities, and populations.

#### **Disclosures**

### Professional Licensure/Certification Disclosures

The University of New Hampshire offers a number of academic programs designed to lead to professional licensure or certification in New Hampshire. However, completing a UNH degree/program does not guarantee professional licensure or certification. Eligibility may also depend on factors like years of work experience, professional examinations, passing a background check, and other criteria.

UNH does not guarantee that its professional licensure programs will satisfy the criteria of professional licensure boards in other states. Some states maintain different requirements for professional licensure or certification and requirements can change frequently. Federal regulations require the University to make public disclosure of certain information regarding professional licensure or certification programs, regardless of the modality the program is offered (i.e., in-person or online). The University provides guidance below but recommends students contact their state/territory licensing or certification board to ensure a program meets specific state/territory requirements.

Visit the Office of the Registrar's <u>website</u> for information about whether this program meets professional licensure requirements in your state.